

CERTIFICATE OF PARTICIPATION

This is to certify that

Haward Pooe

Has successfully participated & completed the

10km Forest Hill City Summer Run

held at Stellenbosch.

TIME 01:20:43

PACE 08:03/km

GENDER 127 of 157

OVERALL 206 of 287

SENIOR (20- 60 of 65 39)



04 December 2016, Sun

Date

BoutTime

Signature

